

RUGBY HIGH SCHOOL BOYS TRACK & FIELD RECORDS

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DIST.</u>	<u>YEAR</u>
100 METER DASH	Eric Nelson.....	10.61	2008
200 METER DASH	Justin Schiele	21.69	1999
400 METER DASH	Scott Frueh.....	49.53	1993
800 METER RUN.....	Kevin Miiller.....	1:55.91	1990
1600 METER RUN.....	Kevin Miiller.....	4:19.46.....	1990
3200 METER RUN.....	Kevin Miiller.....	9:22.15.....	1990
110 METER HURDLES	Eric Kuntz.....	14.54	2010
300 METER HURDLES	Cody Gronvold	38.62	2006
HIGH JUMP	Jason Frueh	6'5"	1999
LONG JUMP	Bryant Halvorson.....	22'11¼"	2009
TRIPLE JUMP.....	Jason Frueh	45'6½"	1998
SHOT PUT.....	Shane Duchscher.....	53'7"	2001
DISCUS	Dale Sanderson	167'10".....	1976
JAVELIN(Rubber Tip)	Dustin Schneibel	174'0"	1995
POLE VAULT	Tom Heilman.....	15'0"	1998
4 x 100 METER RELAY	Mackenzie Koenig..... Chris Hamilton Jayden Welk Nigel Hageness	44.19	2012
4 x 200 METER RELAY	Todd Leier	1:31.50.....	1999
	Travis Anderson Mike Duchscher Justin Schiele		
4 x 400 METER RELAY	Travis Vangsness..... Tom Heilman Luke Boe Travis Anderson	3:27.24.....	1998
4 x 800 METER RELAY	Mark Myhre	8:05.13.....	1988
	Jason Fritz Jim Johnston Kevin Miiller		